

JOURNAL

Date:

Notes

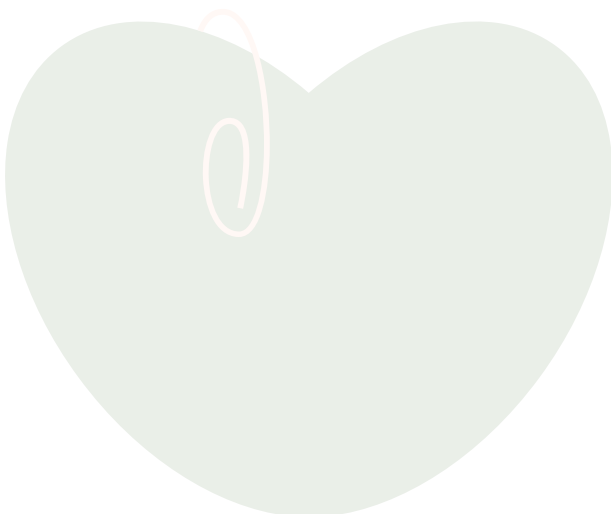
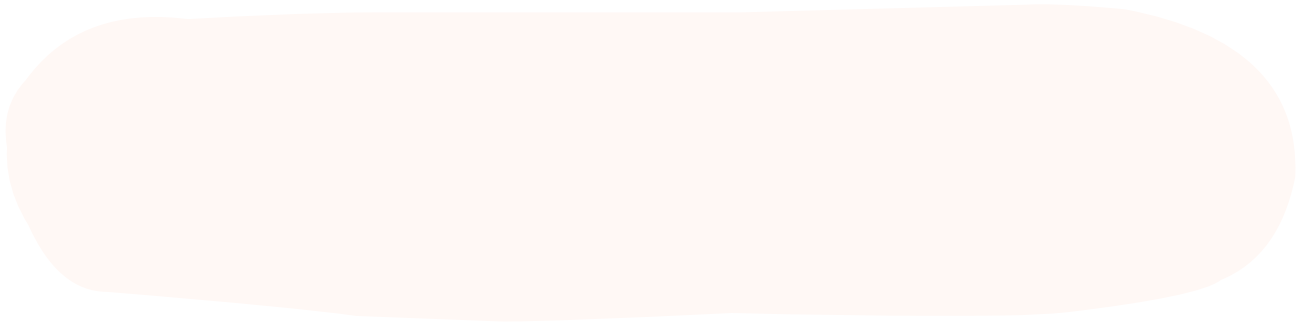
Notes

To Do List

TODAY'S THOUGHTS

Lined area for writing thoughts, featuring horizontal lines and a decorative leaf illustration on the right side.

MY JOURNAL



My Journal

NOTES



Fill each day with **GRATITUDE**

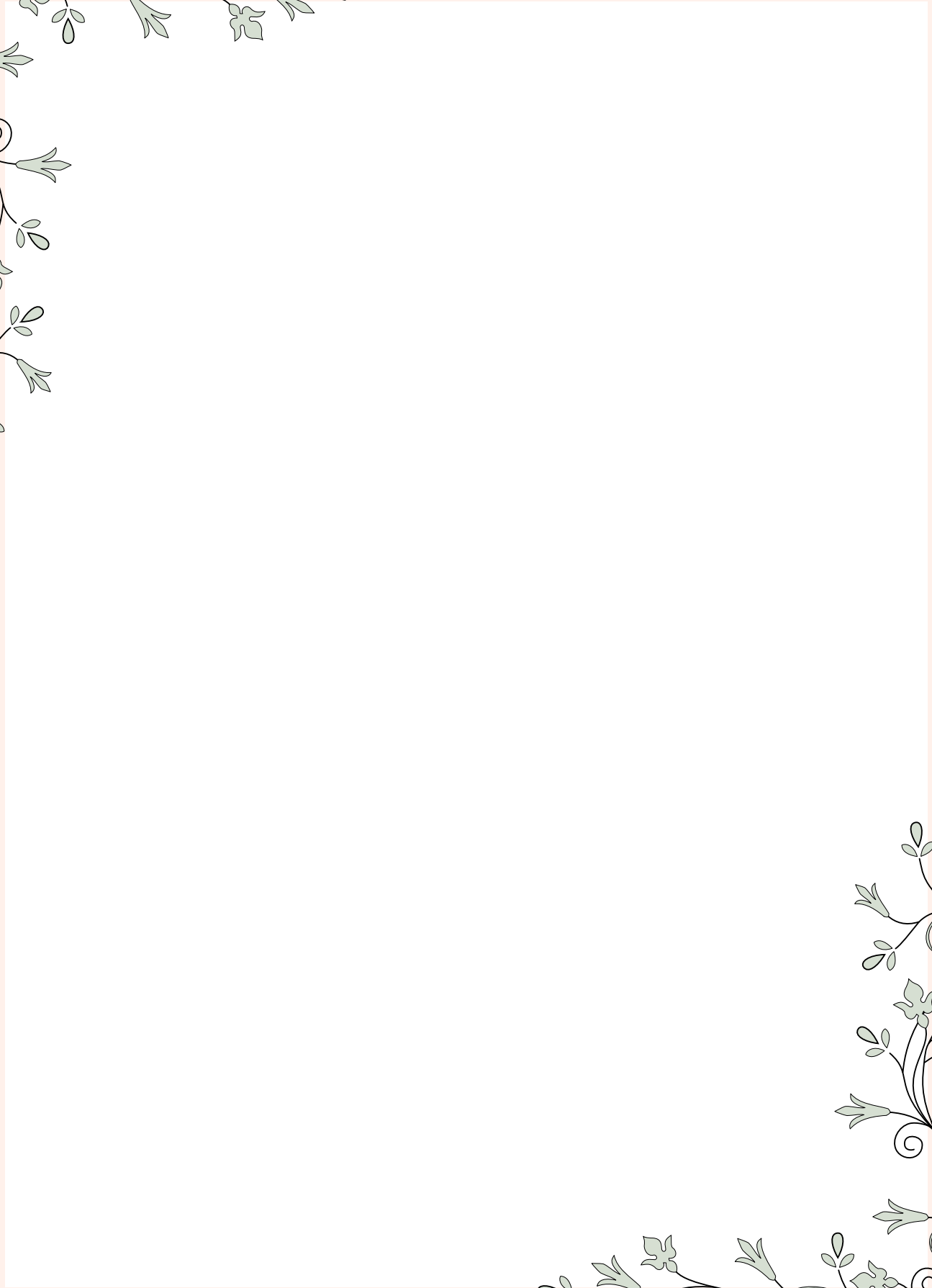
Today, I appreciate

3 Good Things

Positive Thought

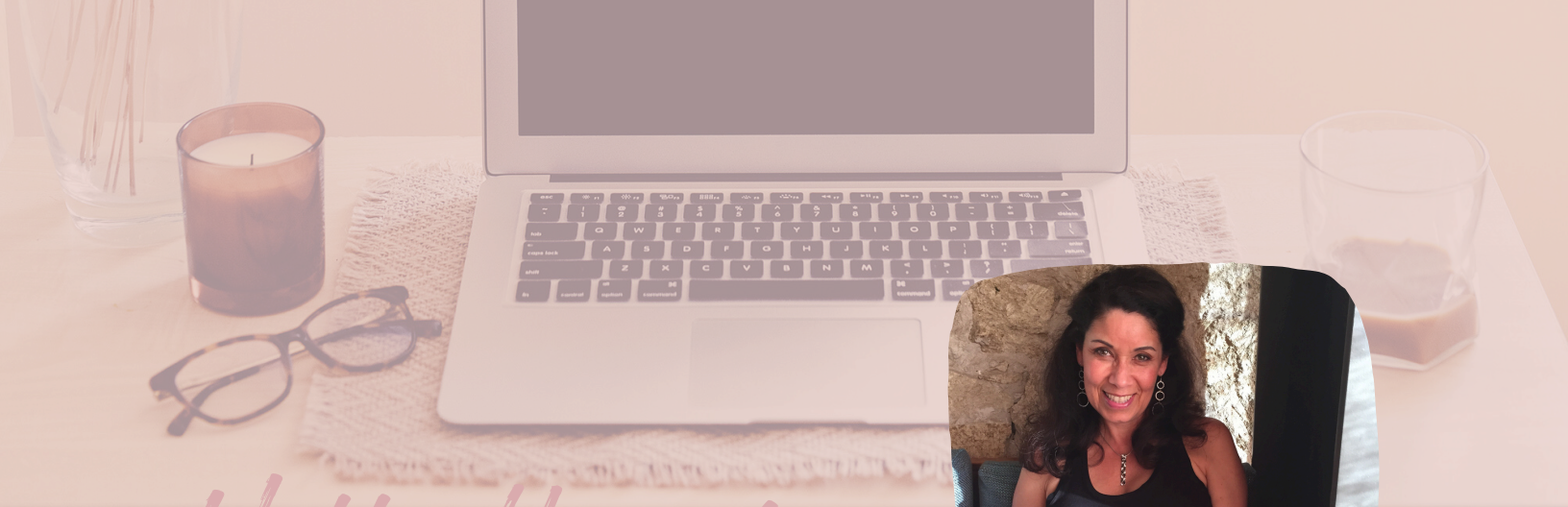
Best Part of Today









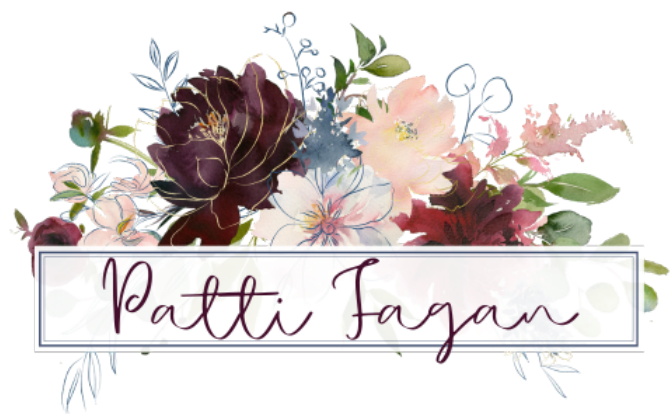


Hello there!



I'm Patti, a Certified Holistic Health Coach, Christian Life Coach, Ramsey Solutions Master Financial Coach, author, and former retirement planner. As an introvert, you'll find me at home most days, sipping tea, writing, and creating beautiful products for women who want to live an inspired life.

My mission is to empower women to live the blessed life God has for them and to claim His promises for their lives and their families. I believe God wants His children to not just survive, but to thrive – spirit, soul, and body. That includes health and finances, too!



Thank you!

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